



State of Rhode Island and Providence Plantations  
**GUBERNATORIAL PROCLAMATION**

**Shape Up Rhode Island Day**

**WHEREAS**, since 2005 Shape Up has proactively used teamwork, social networking, and healthy competition to make significant, positive changes and health advances in the lives of 70,000 Rhode Islanders; and

**WHEREAS**, Shape Up's founder and chairman Rajiv Kumar, MD has dedicated himself to addressing the obesity epidemic in Rhode Island; and

**WHEREAS**, Shape Up has educated individuals in all 39 towns and cities about the importance of developing healthier eating practices and increasing physical activity; and

**WHEREAS**, Shape Up has been a nationally-recognized and award winning statewide wellness competition; and


**WHEREAS**, Shape Up's evidence-based program has been validated by studies published in peer-reviewed journals; and


**WHEREAS**, Shape Up has engaged thousands of Rhode Islanders through collaboration with employers, educational institutions, community leaders, non-profit organizations and the Rhode Island Department of Health; and

**NOW, THEREFORE, I, Lincoln D. Chafee**, Governor of the State of Rhode Island and Providence Plantations, do hereby proclaim May 23, 2012 as Shape Up Rhode Island Day in Rhode Island and encourage all of its citizens to join me in recognizing the importance of this day.



Given under my hand and the great  
seal of the State of Rhode Island  
and Providence Plantations,  
this 22<sup>ND</sup> day of May, 2012

  
Lincoln D. Chafee  
Governor

  
A. Ralph Mollis  
Secretary of State